MELROSE
EDUCATION FOUNDATION

PARENT UNIVERSITY

Saturday, November 19
9am to Noon @ MHS

Parent U is a morning of workshops for caregivers and community members focused on education, parenting, community engagement, and related topics. Parent involvement leads to higher rates of academic success for children. Melrose Parent University is designed to increase caregivers' ability to support students, and help both caregivers and community members understand current trends in education.

Melrose Parent University is brought to you by the Melrose Education Foundation in cooperation with the Melrose Public Schools. Parent U is free, registration is required at www.melroseedfoundation.org.

2022 PARENT U WORKSHOPS

Saving and Paying for College

Getting Started: Understanding the College Admission Process

Elementary SEL - Tools You Can Use at Home to Support Your Elementary Learner

Food For Thought

The Nurtured Heart Approach: Transforming Difficult Behaviors / Igniting Success & Greatness in Each Child

Ready, Set, Go! Getting Involved in your School Community and Beyond

Sitting with Discomfort - Emotional Flexibility and Your Teen

Spreading Fun, Reducing Fear: The Unique Contribution Coaches Can Play in Supporting Anxious Athletes

Understanding the Budget: Why It Matters to What We Value

Register for Parent U:
www.melroseedfoundation.org

11/3/2022