



**CITY OF MELROSE**  
**HEALTH, EDUCATION & WELFARE COMMITTEE**  
**AGENDA • APRIL 24, 2023**

Council Chamber, First Floor, Melrose City Hall Committee Meeting  
562 Main Street, Melrose, MA 02176

7:00 PM

The public should take notice that the Melrose City Council may, on certain occasions, have a quorum in attendance due to standing committees of the City Council consisting of both voting and non-voting members. Members attending this duly posted meeting are participating and deliberating only in conjunction with the business of the standing committee.

## I. CALL TO ORDER

Manjula Karamcheti	Chair
John Obremski	Vice Chair
Maya Jamaledine	
Robb Stewart	
Ryan Williams	
Jen Grigoraitis	President, Ex Officio

## II. PUBLIC COMMENT

Remote Link for Public Comment:  
<https://cityofmelrose-org.zoom.us/j/99081483447>

Meeting ID:  
990 8148 3447

## III. APPOINTMENTS/REAPPOINTMENTS

1. **APPT-2023-14:** Appointment of Ellen Cobau, 79 Otis Street, to the Melrose Council on Aging for a three-year term set to expire on the last day of February 2026.

*Sponsored by:* Executive Director Stacey Minchello

*From:* City Council

ASSIGN TO COMMITTEE

2. **APPT-2023-15:** Appointment of Robert Tullis, 8 Thurston Road, to the Historic District Commission (HDC), for a three-year term set to expire on the last day of February 2026.

*Sponsored by:* City Planner Denise Gaffey

*From:* City Council

ASSIGN TO COMMITTEE

## **IV. ADJOURNMENT**



## CITY OF MELROSE

## OFFICE OF THE MAYOR

PAUL BRODEUR

*Mayor*

City Hall, 562 Main Street  
Melrose, Massachusetts 02176  
Telephone - (781) 979-4440

### MEMORANDUM

To: Melrose City Council  
From: Mayor Paul Brodeur  
Re: Melrose Council on Aging  
Date: April 10, 2023

I respectfully request the Honorable City Council confirm the appointment of Ellen Cobau, 79 Otis Street, to the Melrose Council on Aging for a three-year term set to expire on the last day of February 2026. Ms. Cobau's appointment replaces that of Nancy Messina, whose term expired on the last day of February 2023.

Ms. Cobau's current capacity as a nurse at Mass General Hospital and previous experience as the public health nurse for the City of Melrose has prepared her to be a natural health and education resource to our community's older adults via her service to the Melrose Council on Aging.

In addition, Ms. Cobau has shown special interest in areas of health and safety of older adults, as made evident in the development of a webinar about preventing falls as well as her strong interest in social determinants of health.

Thank you for your consideration.

# Application Form

## Profile

Ellen \_\_\_\_\_ M \_\_\_\_\_ Cobau \_\_\_\_\_  
First Name Middle Initial Last Name

\_\_\_\_\_  
Email Address

79 Otis St. \_\_\_\_\_ Suite or Apt \_\_\_\_\_  
Home Address

Melrose \_\_\_\_\_ MA \_\_\_\_\_ 02176 \_\_\_\_\_  
City State Postal Code

### What district do you live in?

District 3

Mobile: ( \_\_\_\_\_ ) \_\_\_\_\_ Home: \_\_\_\_\_  
Primary Phone Alternate Phone

Mass General Hospital \_\_\_\_\_ Nurse Case Manager \_\_\_\_\_  
Employer Job Title

### Which Boards would you like to apply for?

Council on Aging: Submitted

## Interests & Experiences

Please tell us about yourself and why you want to serve.

### Why are you interested in serving on a board or commission?

As a nurse I am very much interested in the social determinants of health. These are the conditions in the environments where people are born, live, work, play, worship and age that affect a wide range of health, functioning, and quality of life outcomes. The Council on Aging (COA), with its mission of connecting older adults with resources to positively impact their lives, is well-poised to make Melrose a good place not just to age in place but to thrive in place!! As a Board Member of COA, I would utilize the depth and breadth of my healthcare experience & knowledge to work with the Board on needs assessment, advocacy, and outreach so all will age well in Melrose. Please consider my application. thank you

[Resume\\_2023.docx](#) \_\_\_\_\_  
Upload a Resume

## Demographics

**Ellen M. Cobau, RN**

79 Otis St.

Melrose, MA 02176

**Experience**Massachusetts General Hospital, Case Management

Nurse Case Manager, 2011-Present

Facilitate safe and effective discharge plans for medical and surgical patients. In collaboration with the multidisciplinary team, monitor patient progress and intervene as appropriate to ensure that the plan of care is patient-focused, high quality, efficient and cost-effective

City of Melrose, Health Department

Public Health Nurse, 2008-2011 &amp; 2020

Investigated and instituted measures to prevent and contain communicable diseases in the City of Melrose and the Town of Wakefield. Responsible for management and distribution of state-issued vaccine; this included managing the distribution of vaccine during the Pandemic H1N1 Influenza 2009. Aided the Melrose Health Department during COVID-19 with contact tracing efforts to ensure compliance with Department of Public Health's Community Tracing Collaborative.

Hallmark Health VNA and Hospice

Weekend Telemonitor Nurse, 2008-2011

Monitored the clinical health of patients via assessment data transmitted into a web-based system. Intervened as appropriate.

Hallmark Health (Melrose-Wakefield Hospital), Department of Nursing

Staff Nurse 2003-2008

Managed the nursing care of medical-surgical patients in a fast-paced acute setting. Served as unit preceptor and AHA CPR Instructor.

**Education**

Salem State University: Master of Science in Nursing, 2013

Regis College/LMH Collaborative ASN: Associate of Science in Nursing, 2003

Emory University: Master of Physical Therapy, 1986

Fairfield University: Bachelor of Science in Biology, 1984

**Professional Interest**

Presented research "Nurse Facilitated Telemonitoring: Impact on Heart Failure Outcomes"

Developed and presented webinar "Falls Prevention" MGH 2013

Strong interest in Social Determinants of Health



## PLACEMAKING RESUME

**ROBERT S. TULLIS**

Formerly: Sr. VP & Director of Design, GID Development

Robert Tullis is a licensed architect who has practiced at his own firm and others in Boston for over forty years. For thirteen years he was a Vice President at Elkus Manfredi Architects, New England's largest architectural firm. He migrated to real estate development in 2008 and was Senior Vice President and Director of Design at the General Investment & Development Companies (GID), where he oversaw all design aspects of the GID Development Group's multifamily and mixed-use projects. He retired in September 2022.



Mr. Tullis has been involved in or directed the design of a number of well known mixed-use projects that feature placemaking as an essential component; including University Park at MIT in Cambridge MA, The Grove at Farmer's Market in Los Angeles CA, Americana at Brand in Glendale CA, and BelMar in Lakewood CO. He masterplanned and directed the design teams involved in GID's Regent Square Houston, High Street Atlanta, and Waterline Square Manhattan mixed-use projects. In his travels to U.S. cities and during his trips to Europe; he observes and photographs the distinctive places these cities are known for and cites them in his work.

Mr. Tullis was chair of the Boston Society of Architects' Placemaking Network for ten years; and developed and taught a Placemaking course at the Boston Architectural College, focusing on creation of vibrant, attractive, and memorable places within cities and towns and emphasizing the importance of an architect's awareness of the spaces between buildings and the characteristics that transform them from SPACE into PLACE.

Mr. Tullis's past speaking engagements include:

- BSA Placemaking Network 2009- "Metrics of Place vs. Space, what I re-learned on vacation"
- Build Boston in 2010- "Life in the Square, the role of the public plaza in urban placemaking" (organized forum and gave the keynote speech)
- Sugarland TX Land Use Forum 2014- "Town Square and Beyond, creating places for the community"
- Rice Design Alliance 2014- "Walkable Places"
- SNEAPA Conference 2015- "Exploring New Paradigms for 21<sup>st</sup> Century Placemaking"
- ABX Boston 2015- "Placemaking, A New Paradigm"
- BSA Placemaking Network 2016- four-part lecture series on the observers, researchers, theorists, and advocates of placemaking.
- BAC, Programming, Codes, & Human Factors, 2016 -2019 guest- "Use & Activity in Public Places"
- BSA Placemaking Network 2017- "Boston's Creek Square and Siena's Piazza del Campo"
- EM Summer Lecture Series 2017- Four Talks on Placemaking (posted on YouTube)
- Tufts University UX+Design Conference 2019- "Looking Backward to go Forward"
- Aspire 2021 AIA Conference- "Placemaking, how and why we react to architecture and landscape"
- Catholic University, Cognitive Architecture course 2022- "Placemaking, architectural form and space."

Mr. Tullis's publications include:

- "Looking Backward to go Forward?" In Urban Experience and Design, edited by Justin B. Hollander and Ann Sussman, Routledge, New York and London, 2021.
- "Programming Urbanism for Human Engagement." In Programming for Health & Wellbeing in Architecture, edited by A. Vernon Woodworth, Routledge, New York and London, 2022
- Currently working on a book- "Placemaking, designing the human-centered city square and public realm"

Mr. Tullis holds an A.B. from Colgate University (honors in Architectural Studies and Fine Arts) and an M.Arch from the Harvard Graduate School of Design. He is a member of the BSA, AIA, ULI, CNU, and is a LEED AP.

# Application Form

## Profile

Robert \_\_\_\_\_ S \_\_\_\_\_ Tullis \_\_\_\_\_  
First Name Middle Initial Last Name

\_\_\_\_\_ \_\_\_\_\_  
Email Address

8 Thurston Road \_\_\_\_\_  
Home Address Suite or Apt

Melrose \_\_\_\_\_ MA \_\_\_\_\_ 02176 \_\_\_\_\_  
City State Postal Code

### What district do you live in?

District 2

Mobile: \_\_\_\_\_ Home: \_\_\_\_\_  
Primary Phone Alternate Phone

Retired (architect & r.e. developer) \_\_\_\_\_ formerly- Sr. V.P. and Director of Design, GID Development Group \_\_\_\_\_  
Employer Job Title

### Which Boards would you like to apply for?

Historic District Commission: Submitted

## Interests & Experiences

Please tell us about yourself and why you want to serve.

### Why are you interested in serving on a board or commission?

I am a retired architect, who most recently worked on the staff of a national R.E. Development company. In my 40 year career, I have a great deal of experience with historic buildings and historic districts. I have a specialty interest in placemaking, and am currently working on a book on the subject of how to design attractive and vibrant places in the midst of urban buildings. I am interested in serving Melrose, my home for over 30 years, in some capacity that draws on my experience and skills.

[Placemaking Resume.pdf](#) \_\_\_\_\_  
Upload a Resume

## Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Attachment: Robert\_Tullis\_LOI\_Redacted 1 (APPT-2023-15 : Appointment of Robert Tullis to the Historic District Commission)



Paul Brodeur  
Mayor

## CITY OF MELROSE

OFFICE OF THE MAYOR

City Hall, 562 Main Street  
Melrose, Massachusetts 02176  
Telephone - (781) 979-4440  
Fax - (781) 662-2182

### MEMORANDUM

To: Melrose City Council  
From: Mayor Paul Brodeur  
Re: Melrose Historic District Commission  
Date: April 11, 2023

I respectfully request the Honorable City Council confirm the appointment of Robert Tullis, 8 Thurston Road, to the Historic District Commission (HDC), for a three-year term set to expire on the last day of February 2026. Mr. Tullis' appointment replaces the membership of Justine Sterling, who is not seeking reappointment.

Mr. Tullis, an architect with 40 years of experience, has a real passion for architectural detail and knowledge of historic buildings and districts. As a member of the Library Building Committee, Mr. Tullis reviewed the plans for the Melrose Public Library Renovation Project, highlighting his interest and commitment to serving the Melrose community—a commitment he would like to continue by serving on the HDC.

Thank you for your consideration.