

RECEIVED

By City Clerks Office at 3:33 pm, Aug 14, 2025

**Council on Aging Board Meeting
Milano Center
April 17, 2025**

Board Members in Attendance: David Kourtz (Chair), Ellen Cobau, Philip Hermann, Nancy Messina, Maura Sullivan, and Kristin Thorp

Members Absent: Margaret Ivins (Vice Chair)

Other Attendees: Erica Brown, COA Executive Director

Meeting called to order at 8:05 am by Chair David Kourtz

Minutes of Board Meeting March 20, 2025 (in meeting packet) approved

Milano Center

- **Programming**

- Chair Yoga (Thursday): Now need to pre-register on Tuesday to reserve spot in Thursday's class. If class is filled, participant will be placed on waiting list. Class start time is now 10:15
- Intermediate Tai Chi: Offered on Wednesdays at 10am from May 7 to May 28. It is a month-long series; no drops in
- YMCA info session held in conjunction with SDM Foundation scheduled for May 1 at 1pm. Participants will learn the difference between the Y's session-based and drop-in classes. Participants will learn how to use website and app to secure spot.
- Milano Center Book Club will return to meeting Tuesdays at the library starting Fall 2025

- **Housekeeping Issue**

- *Rodent problem persists*

Erica reports no improvement in situation despite adherence to measures DPW instituted one month ago. Erica has re-contacted DPW and stressed that this issue impacts health/safety of participants who eat their lunch at the center.

- **Center Upgrades**

Reception area upgrades have been well-received by the front desk staff. Set-up encourages participants to check in before going to class.

Wayfaring Signs: Erica has requested that the Beebe Estate fund additional signage.

Friends of Milano Center

- **Hamilton Hall Lecture Series**

Friends of the Milano Center is in the process of analyzing survey results to make recommendations for next year's season.

Council on Aging

- **Grant Activity**
 - **Age-Friendly/Dementia-Friendly Ongoing Community Training Sessions**

Chamber of Commerce Trainings had poor attendance; May session will be added.

Library Staff trainings completed with 10 attendees.

Community Resource Guide needs to go to print by June 1 per grant financial deadline

- **Budget Hearing with City of Melrose**

Scheduled for June 9. Erica will present on behalf of Council on Aging.

Survey Action Items Progress

Increase programming by collaboration with other organizations

- Offering a YMCA information session to discuss offerings

Address digital literacy gaps

- *Collaborate with SDM to demonstrate on-line vs app access to YMCA classes*

Next meeting Thursday, May 15 @8am Milano Center (2nd Floor Conference Room)

Meeting adjourned at 8:32

Minutes respectfully submitted by Ellen Cobau, Clerk