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## MEETING MINUTES

City of Melrose  
City Hall  
562 Main Street  
Melrose, MA 02176

Committee/Board: Board of Health

Meeting Day/Date/Time: Thursday, October 23, 2025

Location: Melrose City Hall, 562 Main St  
Basement Conference Room

Call to Order: Frank Brincheiro

Time Called: 6:33 PM

Second by: Lillian Kelly

### In Attendance/Roll Call:

Board Members: Frank Brincheiro, Lillian Kelly, Carol Ann Licitra

Health Department: Director Anthony Chui; Administrative Assistant Christy Bolduc;

Public Health Nurse Melissa Lowry

### Approval of Minutes for September 23, 2025:

Lillian Kelley made a motion to accept the minutes

Frank Brincheiro seconded the motion

Further Discussion: None

Frank Brincheiro– Yes

Carol Ann Licitra – Absent

Lillian Kelly – Yes

PASSED 2-0-1

Vote to Adopt the Bodywork Regulations as presented, with an effective date of June 1<sup>st</sup>, 2026:

Lillian Kelley made a motion to accept the minutes

Frank Brincheiro seconded the motion

Further Discussion: None

Frank Brincheiro– Yes

Carol Ann Licitra – Absent

Lillian Kelly – Yes

PASSED 2-0-1

Vote to Adopt the Well Regulations as presented, with an effective date of June 1<sup>st</sup>, 2026:

Lillian Kelley made a motion to accept the minutes

Frank Brincheiro seconded the motion

Further Discussion: None

Frank Brincheiro– Yes

Carol Ann Licitra – Absent

Lillian Kelly – Yes

PASSED 2-0-1

Health Directors Report:

- Bob's Market sold a tobacco product to a minor. This is their first violation in the last three years. They were suspended for 3 days and fined \$1,000.

Other Business:

- The board is interested in hearing more about Kratom and THC as substances of concern moving forward. The next agenda will include this in the next meeting.

No Public Comment

Next BOH Meeting in Melrose is November 20, 2025

Lillian Kelly made a motion to adjourn the meeting at 7:00 pm

Frank Brincheiro seconded the motion to adjourn the meeting.

Further Discussion: None

Vote to adjourn the meeting:

Frank Brincheiro– Yes

Carol Ann Licitra – Absent

Lillian Kelly – Yes

PASSED 2-0-1

Meeting Adjourned at 7:00 pm